



## Handbook 2023

This version of the Handbook is placed on the website of Knole u3a for the use of members as well as those wishing to join. It contains names and generic email addresses of committee members, group contacts and other volunteers.

In downloading or consulting the information, members agree to treat the data as confidential. This booklet was prepared in September of 2023. Updates to the group information and details of new groups will be published in future Newsletters and on the Knole u3a website

[www.knoleu3a.org.uk](http://www.knoleu3a.org.uk)

University of the Third Age  
Registered Charity 1166210


## Knole U3A

Knole u3a is an educational charity that promotes life-long learning for the benefit of those no longer in full-time employment. Knole is the newer of two u3a's in Sevenoaks and works closely with Sevenoaks and other u3a's nearby to share groups and events.

Knole u3a is an independent charitable organisation with its own constitution and committee of Trustees. Every member of a u3a agrees to uphold the aims and principles of The Third Age Trust. The annual fee is £16. Our preferred method of payment is directly through Beacon [there is link on our website] or BACS, we do also accept cheques. Membership forms can be downloaded from our website. If you pay tax you can gift-aid your payment.

After Joining, new members will be invited by the **Membership Secretary** to attend a new members meeting. At this meeting they will be briefed on the opportunities to actively participate in Knole, which groups they would like to join and whether they have any accessibility issues they might wish to highlight.

Debbie Magness

 chairman@knoleu3a.org.uk

**Website:** [www.knoleu3a.org.uk](http://www.knoleu3a.org.uk)

## The Third Age Trust

Knole u3a is affiliated to The Third Age Trust through its National Office, and pays a membership subscription for each of its members. Benefits of membership are:-

- 4 copies a year of ***Third Age Matters'*** the trusts own magazine.
- Third Party Liability insurance
- help on personal or U3A matters with Arc Legal Assistance 0344 770 1040 quoting *U3A Legal Helpline*
- discount on some computer software
- access to Direct Learning courses (online)
- Summer Schools, Seminars, Conferences, etc, all organised by The Third Age Trust's National Office
- use of the Resource Centre: videos, CDs and slides on a wide range of subjects can be borrowed free of charge (return postage to be paid).

The Third Age Trust  
156 Blackfriars Road, London  
SE1 8EN  
0208 466 6139  
[www.u3a.org.uk](http://www.u3a.org.uk)

**Sam Mauger** (Chief Executive)

Resource Centre  
0208 466 6139

 [resotource.centre@u3a.org.uk](mailto:resotource.centre@u3a.org.uk)

## **Honorary President**

Magda Sweetland

## **Committee of Trustees**

### **Chairman**

Debbie Magness

✉ chairman@knoleu3a.org.uk

### **Vice Chairman**

Jacqueline Martin

vicechairman@knoleu3a.org.uk

### **Treasurer**

Richard Clout

treasurer@knoleu3a.org.uk

### **Secretary**

Rosemary Oldman

✉ secretary@knoleu3a.org.uk

### **Meetings Co-ordinator**

Harry Reeves

✉ meetings@knoleu3a.org.uk

### **Membership Secretaries**

Suzi Morgan

Jenny Wickham

membership@knoleu3a.org.uk

### **Science**

Alan Heyes

science@knoleu3a.org.uk

### **Social Events**

Wendy Willsher

✉ social@knoleu3a.org.uk

### **Beacon Administrator**

Jean Zariffis

beacon@knoleu3a.org.uk

### **Website**

Lionel Parks

✉ webmaster@knoleu3a.org.uk

### **Social events**

Wendy Willsher

### **Groups Coordinator**

Bryan Rawlins

groups@knoleu3a.org.uk

### **Knole Teams**

#### **Science**

Alan Heyes Brenda Mullinger

Peter Dixon Alan Joynes

Stewart Armstrong

Richard Clout [Treasurer]

#### **Groups Team**

Debbie Magness (A-F)

Rosemary Oldman (G-La)

Marian O'Boyle (Lo-Mn)

Bryan Rawlins (Mo-Si)

Jill Jones (Sk-Z)

#### **Social Events**

Wendy Willsher Janet Willcox

Joy Oliver Marion Green

Jean Heyes Norma Gilbert

Sally Richardson

#### **Meet and Greet**

Gill Stubbs Carole Swann

Anne Green

#### **Newsletter**

Delma Moore

#### **Accounts Examiner**

Andrew Dunk

## Monthly Meetings 2023/24

Monthly meetings are held at the Bat & Ball Community Centre, Crampton's Road, Sevenoaks TN14 5DN on the **4<sup>th</sup> Monday of the month between 2.00 and 4.00pm**. It is an opportunity hear interesting speakers and enjoy socialising afterwards with tea/coffee and homemade cake.

### Programmes for 2023 - 2024

#### 2023

- 23 Oct **Gerry Alabone** – Senior Conservator with the National Trust
- 27 Nov **Bob Ogley – The 1987 Storm**. Bob is the former editor of The Chronicle

#### 2024

- 15 Jan **Christmas/New Year party**. Details to follow.
- 29 Jan **Peter Griffiths** – part 2 of his life in Aviation
- 26 Feb **West Kent Mind**
- 25 Mar Speaker tbc
- 22 Apr Speaker tbc
- 27 May **Gilly Halcrow** – Whatever happened to Christopher Robin
- 24 Jun **16<sup>th</sup> AGM** – Speakers from our own study groups
- 22 July Speaker tbc
- 23 Sept **Open Afternoon** – an opportunity to join a new group

## **Science for All Programme for 2022-23**

The meetings of the Science Group take place from October and run through until May the following year (the First Thursday of the month (except. May). All meetings are held at Sevenoaks Weald Memorial Hall by the Green, and start at 2.30pm. and finish around 4.30pm. Talks last around an hour followed by tea and biscuits. Entry £2

- 5<sup>th</sup> Oct **Alan Heyes** - Science Hoaxes
- 2<sup>nd</sup> Nov **Chris Stewart** – Glass – Back to Basics
- 7<sup>th</sup> Dec **Fidelity Weston** – Grasslands and Grazing Animals-  
how they can help cool the planet
- 4<sup>th</sup> Jan **Barrie Rooney** – The science behind the Covid test kit
- 1<sup>st</sup> Feb **Prof Dorian Fuller UCL** – Archaeological perspectives  
On the origins of the Anthropocene
- 27<sup>th</sup> Mar **Mel Draper** – Fusion Power – the future for our energy  
Supply
- 4<sup>th</sup> April **Science Com. Members** – Three scientists you have  
probably never heard of but made an  
important contribution to science.
- 9<sup>th</sup> May **Dr Ali Galloni**, Sevenoaks School Head of Science  
Title to be confirmed

Please check the website and newsletter for details. Those who signed up for email updates about meetings will receive information in advance as usual.

## **Please read this before you join a study group**

A u3a study group is normally a collection of between 5 and 20 people who share a special interest and pool their resources and experience, in order to delve into that subject more deeply or to pursue a creative or sporting activity. The objective of each group varies with the topic.

The Group Contact keeps a record of dates, times, venues and circulates a copy to everyone in the group, much as a secretary would.

Detailed guidance on establishing and running a group is provided in the "Time to Learn" booklet given to each Contact

### **Some basics:**

- please make sure you can attend most group meetings.
- if you cannot attend, please let the Contact or the host know.
- you may be asked to take your turn with preparing material, and to host a meeting if you can.
- Everyone donates -50p for coffee/tea or members take turns to host a meeting and provide refreshments.
- You share other costs such as photocopying, guest speakers/guides or hiring a hall.

if you decide to leave the group, please tell the Group Contact so that someone else can take up your place.

### **Communications**

We run a comprehensive website, publish a Handbook and 6 Newsletters to keep members up to date with developments and new groups.

### **Monthly Coffee Mornings (Second Thursday of Month)**

Our Coffee Mornings, held in The Miller and Carter, Riverhead have been popular since we started them in 2009. They have offered a place to meet old friends, introduce new ones, and hear the latest Knole news. This is a good chance to find out about groups of interest that you may not have realised are available, over a cup of coffee (or tea!). It is also a good opportunity to suggest and discuss new group ideas and find out how to go about setting up a new group and the support available.

Also some members of the Committee are always there to answer your questions.

## **Knole U3A Study Groups 2023 -24**

Our current groups are listed in alphabetical order on the following pages. The main opportunity for joining a group is at the Open Afternoon in September. All paid-up members are invited and newcomers may also apply to join the U3A then. Members will need to show their membership cards when joining a new group.

Some Knole groups are shared with Sevenoaks, Edenbridge and Westerham U3A members, by agreement with the Group Co-ordinators from these U3As. These shared groups are also listed in this Handbook.

The number of places within any group depends on the nature of the activity and whether the group meets in members' homes or in hired venues. Vacancies within a group may arise at any time over the year, and these vacancies will be advertised in the Newsletters. Where groups remain full over a significant period, and there is sufficient demand and interest in the subject area or activity, another group will be formed. Again new groups will be advertised in the Newsletter and on the website.

If you are interested in joining a group the first step is to find out from the Group Contact whether there is a place available. Please also advise the relevant Groups Team if you would like to join others in starting a new group to run alongside the existing group (s), or have a new subject area or activity to propose.

Please note that meetings are held in members' houses unless otherwise indicated in this Handbook.

## Study Group Details

### Bird Watching

We have visited a number of different places this year, very often with a guide, and benefited from some really interesting, informative and enjoyable outings. Most of these outings are half-day, sometimes with a packed lunch if we are going further afield. Our visits are organised by different members in turn each month and enjoyed by all.

**Ann Windiate** ✉ [birdwatching@knoleu3a.org.uk](mailto:birdwatching@knoleu3a.org.uk)

**Chris Towers** ✉ [birdwatching@knoleu3a.org.uk](mailto:birdwatching@knoleu3a.org.uk)

**Meetings:** Usually 2<sup>nd</sup> Friday, starting at 10.00 am

### BOOK GROUPS

The book groups consist of a small number of members who choose from a variety of genres to read and discuss.

#### Book Group 1

We take turns to choose a book leading to a good variety of reading, some challenging, some popular fiction and some non-fiction. The person choosing introduces the book and gives us some background information about the author prior to discussion.

**Christine Cowland** ✉ [book1@knoleu3a.org.uk](mailto:book1@knoleu3a.org.uk)

**Meetings:** 3<sup>rd</sup> Monday, 3.00 - 4.30 pm

#### Book Group 2

We are an informal group whose members take it in turns to host a meeting and to choose a book. This results in a wide range of books and some lively discussions with the added bonus of introducing us to other people's choice of authors and books which we might never have found for ourselves.

**Alison Marshall** ✉ [book2@knoleu3a.org.uk](mailto:book2@knoleu3a.org.uk)

**Meetings:** 2<sup>nd</sup> Wednesday, 2.00 – 4.00 pm

#### Book Group 3

We are a friendly group who usually choose our books for the following 4-6 months so we know what's coming but we are always flexible! We choose by democratic process of discussions and recommendations and generally this is contemporary fiction. We enjoy lively conversations over tea and meet generally in Godden Green. Please do join us, you will be warmly welcomed.

**Fran Tulett** ✉ [book3@knoleu3a.org.uk](mailto:book3@knoleu3a.org.uk)

**Meetings:** 1<sup>st</sup> Monday, 2.00 – 4.00 pm



## **Botany Group**

Interested in the botanical identification of wild and naturalised plants in Kent? Members will learn how to confidently identify and record plants. This is a very practical group with meetings outside, in small groups, and visiting a range of sites in our area. Advice will be given how to start recording plants using nationally agreed botanical standards. We may also have visits to sites outside Kent to visit nature reserves and other areas of botanical interest.

**Alan Heyes**  botany@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Tuesday, 10am

## **Card and Board Games**

We play a variety of games such as cribbage, Mexican train, Rummicub. We enjoy learning new games that members bring along and have recently bought a couple of new games to challenge us. We do not play chess or scrabble as they take too long. We sometimes meet for lunch before we play.

**Vanessa Butler**  cardgames@knoleu3a.org.uk

**Meetings:** 2nd Tuesday, 2.00 - 4.00 pm at The Bell, Kemsing

## **Current Affairs**


Members may present on a topic of their choice selected in advance or we discuss news items that have caught members' attention.

**David Small**  currentaffairs@knoleu3a.org.uk

**Meetings:** 1<sup>st</sup> Monday, 2.30 - 4.30 pm at The Slater Room, Christchurch, Sevenoaks

## **Cycling - Rusty Riders**

For all abilities, particularly for those who have not ridden for a while. Rides of up to 15 miles on cycle paths or quieter country lanes, with the possibility of joining Sevenoaks U3A for longer rides. Refreshments/ lunch is an option at the end of the rides

**Barry Vanns**  cycling@knoleu3a.org.uk

**Meetings:** 4<sup>th</sup> Friday, starting at 10.00 or 10.30 am, dependent on location.

## **EVENING DINING GROUPS**

Groups meet every month for conversation and discussion on a wide range of topics. We take it in turns to organise and make reservations. Members must advise the organiser whether they are attending or not so that bookings can be confirmed.

### **Group 1**

#### **Marian O'Boyle**

✉ eveningdining@knoleu3a.org.uk

**Meetings:** 2<sup>nd</sup> Saturday, evening

### **Group 2**

#### **Rosemary Oldman**

✉ eveningdining2@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Saturday, evening

### **Film Group**

The Film Group watches a wide range of films and we have been meeting for several years. We watch 10 a year and they are very diverse. It's difficult to say which we prefer, and which we dislike because ideas of a "good film" differ from person to person.

**Jean Paige** ✉ film@knoleu3a.org.uk

**Meetings:** 4<sup>th</sup> Monday, 11.30 - 1.30 pm at Holmesdale Bowls Club

### **French for Improvers**

Members have a range of abilities in French but meetings are not suitable for complete beginners. We usually have dictation given by a native French speaker and also read/translate material from various sources, including short plays. French conversation is encouraged.

**Linda Dare** ✉ frenchimprovers@knoleu3a.org.uk

**Meetings:** 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays, 2.30 – 4.00 pm

### **French Book Group**

This group reads French books in the original language and discusses them in French. We have read a variety of genres. We always aim to enjoy the book but occasionally decide not to continue with one. Anyone joining must be able to read fluently in French.

**Rosalind Hook** ✉ frenchbook@knoleu3a.org.uk

**Meetings** 1<sup>st</sup> Monday of the month 2.30-4.30pm

## **French Group 2**

In order to maintain our knowledge of French. We chat (as far as we are able) in French. We also read and translate French magazine articles and occasionally do vocabulary quizzes.

**Rosalind Hook** ✉ french2@knoleu3a.org.uk

**Meetings** 3<sup>rd</sup> Mondays of the month 2.30-4.30pm

## **GALLERY STUDIES**

### **Gallery Studies 1**

We are an enthusiastic group of individuals interested in discovering art through exploring exhibitions together and via group discussions. There is a collectively agreed programme of exhibitions for the year. Each member is asked to host and lead the discussion on a relevant topic.

**Jean Heyes** ✉ gallery1@knoleu3a.org.uk

**Meetings:** 2<sup>nd</sup> Tuesday, 10.30-12.30

### **Gallery Studies 2**

Exhibitions are selected in advance by all and each member takes a painting to research, another will explore the artist's bibliography. This enables the group to have a lively discussion one week, followed by a visit to the exhibition a few weeks later.

Twice monthly meetings between September and April.

**Anne Green** ✉ gallery2@knoleu3a.org.uk

**Meetings:** Two Mondays a month 10.00 -12.00

## **Genealogy for Beginners**

Members are taught how to research their family ancestors from various sources, and then to use a Family Tree program to store their findings and to produce Family Trees, Charts and Reports. It is necessary to have either a desktop or laptop.

**John Phillips** ✉ genealogy@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Monday, 2.00 – 4.00 pm (**starting October**)

## **Genealogy for Beginners 2**

**John Phillips** ✉ genealogy2@knoleu3a.org.uk

**Meetings:** 2<sup>nd</sup> Monday, 2.00 – 4.00 pm (**starting October**)

## **Golf**

We hold two monthly meetings. Learners and some older players who only want to play 9 holes meet on 1<sup>st</sup> Wed. of each month, while more experienced and fitter members play 18 holes on the 3<sup>rd</sup> Wednesday of the month. Why should you join us? Because golf releases endorphins, which help to boost your mood and well-being.

**Bryan Rawlins** ✉ [golf@knoleu3a.org.uk](mailto:golf@knoleu3a.org.uk)

**Meetings:** 1<sup>st</sup> Wednesday and 3<sup>rd</sup> Wednesday

## **Historic Buildings**

The group visits 6-8 houses/buildings during the course of the year. We meet two or three times a year to plan future events. Visits are arranged according to when they are open and members are available.

**Jacqueline Martin** ✉ [historicbuild@knoleu3a.org.uk](mailto:historicbuild@knoleu3a.org.uk)

**Meetings:** Usually 3<sup>rd</sup> Monday, 10.30 – 12

## **Italian Conversation**

This is a group whose members enjoy the opportunity to improve their Italian. All have some knowledge of basic Italian grammar and different experience of learning the language. Members are encouraged to participate with discussion, reading and helping each other when we get stuck. It's an informal but supportive group.

**Lesley Lee** ✉ [italian@knoleu3a.org.uk](mailto:italian@knoleu3a.org.uk)

**Meetings:** 2<sup>nd</sup> and 4<sup>th</sup> Thursday, 10.30 - 12.30

## **Kent History**

Our main aim is to study Kent's socio-economic and industrial heritage through field studies, talks and visits to sites across the county. The format of the meetings is that one or two members research the topic and then give a talk to the group. Our technical visits are held in the summer months.

**Alan Heyes** ✉ [kenthistory@knoleu3a.org.uk](mailto:kenthistory@knoleu3a.org.uk)

**Meetings:** 1<sup>st</sup> Wednesday, 2.00 – 4.00 pm, at Holmesdale Bowls Club

## **Latin**

We are studying from Cambridge Latin Course Book 2. We revise as we go so that any new beginners need not fear being left behind. A little homework helps the smooth running of the meeting.

**Jill Jones** ✉ latin@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Monday, 10.00 – 12.00 am

## **LONDON STUDIES**

These groups offer excellent opportunities to study and visit many of the fascinating buildings and sights of our capital city. Members take turns in organising outings and tours, etc, with many also researching the history of an area and leading a tour themselves. An enjoyable lunch usually follows to relax and discuss the visit.

### **London Studies 1**

**Brenda Johnson** ✉ londonstudies1@knoleu3a.org.uk

**Meetings:** Last Wednesday of the month

### **London Studies 2**

**Lesley Tibbitts** ✉ londonstudies2@knoleu3a.org.uk

**Meetings:** 2<sup>nd</sup> Wednesday

### **London Studies 3**

**Val Wilson** ✉ londonstudies3@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Friday

### **London Studies 4**

**Jim Gibbons** ✉ londonstudies4@knoleu3a.org.uk

**Meetings:** 4<sup>th</sup> Thursday

### **London Studies 5**

**Delma Moore**

✉ londonstudies5@knoleu3a.org.uk

**Meetings:** 4<sup>th</sup> Thursday

### **London Studies 6**

**Alison Head** ✉ londonstudies6@knoleu3a.org.uk

**Meetings:** Last Tuesday of the month

### **London Studies 7**

**Margaret Seymour**

✉ londonstudies7@knoleu3a.org.uk

**Meetings:** 1<sup>st</sup> Tuesday

## **London Studies 8**

**Sue Holt** ✉ londonstudies8@knoleu3a.org.uk

**Meetings:** 1st Thursday

## **LONDON WALKS**

These groups are devoted to discovering London through walking its many different areas. A mixture of guided and self-guided walks which provide insights into people and places that have help shape our fascinating capital city. The London walks are usually half-day morning walks. Optional lunch afterwards.

### **London Walks 1**

**Margaret Thorpe**

✉ londonwalks1@knoleu3a.org.uk

**Meetings:** 3rd Wednesday

### **London Walks 2**

**Linda Dare**

✉ londonwalks2@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Thursday except December  
(Planning Meeting 3<sup>rd</sup>.Thursday in January)

### **London Walks 3**

**Jennifer Cousins**

✉ londonwalks3@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Friday except December

## **LUNCH GROUPS**

Each member takes a turn in arranging a relaxing meal in an agreed venue and the members must advise the organiser whether they will attend or not so that bookings can be confirmed.

### **Lunch Group 1**

**Valerie Parker** ✉ lunch1@knoleu3a.org.uk

**Meetings:** last Thursday, 12.30 for 1.00 pm

### **Lunch Group 2**

**Marian O'Boyle** ✉ lunch2@knoleu3a.org.uk

**Meetings:** 1<sup>st</sup> Tuesday, 12.00 for 12.30pm

## **Mah Jong 1**

This group is for anyone wanting to play or learn how to play Mah Jong.

**Norma Gilbert** ✉ mahjong@knoleu3a.org.uk

**Meetings:** 3rd Thursday, 2.00 – 4.00 pm in the Otford Memorial Hall

## **Medieval History**

Our objective is to explore the people and cultures of the Medieval World. We each take a personality, event or development and give a presentation, followed by a discussion. We have extended our focus to include both the British Isles, and global history. Consequently, we have broadened our period; from 1000 to 1600. We also organise visits; recently to Knole, and next to Charterhouse. New members are welcome.

**Pat Lowe** ✉ medieval@knoleu3a.org.uk

**Meetings:** 2<sup>nd</sup> Monday, 2.00 – 4.00 pm at the Otford Methodist Church

## **Money Matters**

We choose subjects of real interest to our members. Past talks Have ranged from Inheritance Tax to Fraud in an Online World. Our format asks one or two members to spend half an hour launching a topic and relying on everyone to join the fray.

**Geoffrey Dalton** ✉ moneymatters@knoleu3a.org.uk

**Meetings:** 2<sup>nd</sup> Thursday, 10.00 – 12.00 pm at Wilderness Golf Club

## **MEMBERS OUT TOGETHER**

### **MOT 1**

This group holds a monthly coffee morning to plan outings and activities. We have a varied and interesting programme throughout the year, which includes historic houses, theatres and concerts. Each outing is organised by one of the members.

**June McNorton** ✉ mot1@knoleu3a.org.uk

**Meetings:** 1st Thursday, plus outings as decided.

### **MOT 2**

This group arranges visits to theatre, gardens, exhibitions and places of interest. We meet monthly to plan activities, aiming for at least one each month and take it in turn to organise an event, and collecting ticket money where necessary.

**Lesley Mitchinson** ✉ mot2@knoleu3a.org.uk

**Meetings:** 1st Friday morning to plan monthly activities.

### **MOT 3**

This group arranges visits to a wide range of places and days out from time to time. We take it in turn to organise activities which can include anything which other members of the group would like to do, so the activities are quite varied.

**Marian O'Boyle** ✉️ [mot3@knoleu3a.org.uk](mailto:mot3@knoleu3a.org.uk)

**Meetings:** 3rd Friday afternoons, plus outings as decided

### **PAINTING AND DRAWING**

Friendly groups, welcoming members with all levels of ability. Covers a range of techniques and use of different media, led by an experienced tutor. The hire of the hall costs are shared by members. Some summer sessions are held outside, weather permitting.

#### **Painting and Drawing 1.**

**Peter Smith** ✉️ [paintdraw@knoleu3a.org.uk](mailto:paintdraw@knoleu3a.org.uk)

**Meetings:** 2<sup>nd</sup> Thursday, 2.00- 4.00 pm at Holmesdale Bowling Club

#### **Painting and Drawing 2.**

**Jean Heyes** ✉️ [paintdraw2@knoleu3a.org.uk](mailto:paintdraw2@knoleu3a.org.uk)

**Meetings:** 1st Wednesday, 9.45 -12.15 at Holmesdale Bowling Club

### **DIGITAL PHOTOGRAPHY**

#### **Digital Camera**

Our topics vary according to the group's requests. Some sessions include exploring camera functions and going out to practise them. We also have experience of Adobe Photoshop. This is a shared group with Sevenoaks U3A. Meet in member's homes.

**David Green** ✉️ [dcamera@knoleu3a.org.uk](mailto:dcamera@knoleu3a.org.uk)

**Richard Jolly** ✉️ [dcamera@knoleu3a.org.uk](mailto:dcamera@knoleu3a.org.uk)

**Meetings:** 2<sup>nd</sup> Friday, 10.00 – 12.30



## **POETRY**

The poetry groups explore a wide range of poetry and talk about poets, their context and, of course, the poems themselves! Members take it in turns to contribute and lead discussions and readings.

### **Poetry 1**

Our programme travels along a time-line of poets, from Shakespeare and Milton, through Dickinson and Hardy, and on to the 20C poets, Elizabeth Bishop, Fleur Adcock and Alice Oswald. We will also look at great poems by minor poets.

**Jean Shepherd** ✉ poetry1@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Tuesday, 2.00 - 4.30 pm

### **Poetry 2**

This group was started in 2012 and most of us were new, or fairly new, to studying poetry. We have adopted a biographical approach and have tackled poets from Auden to Zephaniah via Imtiaz Dharker, Emily Dickinson, Carol Ann Duffy and Helen Dunmore to name but a few.

**Val Rea** ✉ poetry2@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Wednesday, 2.00 – 4.00 pm

### **Poetry 3**

We are a relaxed and informal group of 9 who enjoy reading and discussing poetry of every persuasion across the ages.

This year we have a monthly theme and each of us will choose a poem from any source to represent the theme. Themes have included Rivers, Promises and Resolutions and Musical Instruments! So very diverse, poets range from Sappho to Philip Larkin or Jackie Kaye.

**Fran Tulett** ✉ poetry3@knoleu3a.org.uk

**Meetings:** 1<sup>st</sup> Wednesday 2.00 – 4.00 pm

## **Sailing**

Would you like to learn to sail, or maybe just being involved with sailing appeals to you? Why not join the new U3A Sailability team at Chipstead Lake? A friendly group of mainly seniors meet from April to October and the really keen types also involve themselves with winter maintenance. Men & Women of any or no experience are taught to sail in a fleet of 26 boats varying from 10ft One person craft to the 24ft Longboat which carries up to 8 people. Some members enjoy shore-based activities or are part of the safety boat team. Those who are

keen to do so, having mastered the basic skills and feel confident, take out disabled and/or disadvantaged children and adults so they too can enjoy the delight of sailing. Why not come along for a taster day or half day.

**John Douglas** 📧 sailing@knoleu3a.org.uk **Meeting:** Tuesdays and Thursdays (April-October) + Winter maintenance

### **Singing for Pleasure**

A group where people enjoy sharing the singing of a wide variety of songs i.e. folk, blues, jazz, country, popular, etc. We also learn harmony where possible to enhance our songs. We have a small group of musicians who accompany the singing providing the backing to our songs.

**Janet Austin** 📧 singing@knoleu3a.org.uk

**Meetings:** 4th Friday, 2.00 – 4.00 pm, at Otford Methodist Church

### **Spanish for Improvers**

Started in 2015, and led by a member with more experience of the language. We study all aspects of the language as well as conversation. Unfortunately our group is not suitable for beginners.

**Marion Hollands** 📧 spanishr5@knoleu3a.org.uk

**Meetings:** Most Monday mornings, 10.00 -12.00 am at Speedgate Farm, Fawkham

### **Table Tennis**

Table tennis is fun, helps you keep fit and keeps your brain active! The Knole u3a table tennis group welcomes players from other local u3a's. If you are interested in joining us, we are happy to welcome you whether your skills are current, rusty or non-existent. We are a mixed ability group and have a lot of fun!

**Margaret Thorpe** 📧 tabletennis@knoleu3a.org.uk

**Meetings:** 1<sup>st</sup>. 2<sup>nd</sup>.3<sup>rd</sup> and 4<sup>th</sup>.Wednesdays, 10.00am – 12.00pm, Meetings take place at Otford Memorial Hall

### **Theatre Studies**

Meetings alternate between theatre visits and discussions.

**Rosemary Oldman** 📧 theatre@knoleu3a.org.uk

**Meetings:** 1st Tuesday, 2.30 at The Bell, Kemsing

## **Understanding the Mysteries of Human Behaviour**

Understanding the Mysteries of Human Behaviour consists of a course of 24 lectures with accompanying notes by Professor Mark Leary (a Professor of Psychology and Neuroscience). Also, Understanding Human Emotions, which consists of 12 lectures by Lawrence Reed, [a Professor of Psychology]. The aim is to listen to the lectures on CDs and then discuss the content.

### **Jenny Burton**

✉ humanbehaviour@knoleu3a.org.uk

**Meetings:** 4<sup>th</sup> Monday, 10.00 – 12.00am

## **WALKING GROUPS**

### **Strollers**

A gentle flat walk of approximately 2-3 miles with the option of pub lunch or coffee stop to follow.

**Lesley Mitchinson** ✉ strollers@knoleu3a.org.uk

**Meetings:** 1<sup>st</sup> Monday, starting at 11.00 am

### **Walking : Amblers 1**

A morning walk of 3-4 miles with a few stiles and gentle ascents, walking at a moderate pace and ending with optional lunch/ coffee.

**Lesley Allum-Jolly** ✉ amblers1@knoleu3a.org.uk

**Meetings:** 2<sup>nd</sup> Monday, starting 10.00/10.30 depending on location

### **Walking : Amblers 2**

A morning walk of 3-4 miles with a few stiles and gentle ascents at a moderate pace. Optional lunch or coffee.

**Sandy Hull** ✉ amblers2@knoleu3a.org.uk

**Meetings:** 4<sup>th</sup>.Thursday, starting 10.00/10.30 depending on location

### **Walking with dogs**

This is a half-day walk of 4 to 6 miles, maybe some dog friendly stiles, with possibility of a stop for coffee or lunch.

**Janet Turtell** ✉ walkwdogs@knoleu3a.org.uk

**Meetings:** 2<sup>nd</sup>.Friday

### **Half Day Walking Group 1**

This is a half day walk of 5 to 6 miles which involves some stiles and gentle ascents, walking at a reasonable pace, with the option of a pub lunch at the end.

**Janet Willcox** 📧 halfwalk1@knoleu3a.org.uk

**Meetings:** 1<sup>st</sup> Thursday

### **Half Day Walking Group 2**

This is a half-day walk of 4 to 6 miles, which involves some stiles and walking at a good pace. There`s usually an option of coffee/pub lunch at the end.

**Richard Clout** 📧 halfwalk2@knoleu3a.org.uk

**Meetings:** 2<sup>nd</sup> Monday

### **Half Day Walking Group 3**

This is a morning walk of about 5 miles, usually with a pub lunch to follow.

**Mike Willsher** 📧 halfwalk3@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Thursday

### **Half Day Walking Group 4**

Up to 5 miles possibly stiles and some gentle ascents. Option of a cup of coffee or a pub lunch.

**Jane Maxwell** 📧 halfwalk4@knoleu3a.org.uk

**Meetings:** 2<sup>nd</sup> Thursday

### **Day Walking 1**

We are a small group of walkers and have enjoyed some variable and enjoyable walks of approx. 8-1/2 miles. Most walks will include a pub lunch (we do our best).

**Janet Willcox** 📧 daywalking@knoleu3a.org.uk

**Meetings:** 3<sup>rd</sup> Monday

### **Day Walking 2**

We are a group looking to do longer walks of 10+ miles over a variety of terrains keeping a reasonable pace, with either a picnic or pub lunch and possibly a coffee break!

**Denis Delaroute**

📧 daywalking2@knoleu3a.org.uk

**Meetings:** 1<sup>st</sup>. Monday or 1<sup>st</sup> .Friday (to be agreed)

## Shared Groups

These groups are run by Sevenoaks, Westerham and Edenbridge U3As and they may have spaces available to Knole members. A full description of what each group involves can be seen on the relevant U3A website ([www.sevenoaksu3a.org.uk](http://www.sevenoaksu3a.org.uk), [www.westerhamu3a.org](http://www.westerhamu3a.org) and [www.edenbridgeu3a.co.uk](http://www.edenbridgeu3a.co.uk)). Please contact the group contacts directly except Edenbridge where you need to contact the Group Co-ordinator.

### SEVENOAKS SHARED GROUPS


#### **Bridge For Pleasure**

Sue and John Christy

 [bridge@sevenoaksu3a.org.uk](mailto:bridge@sevenoaksu3a.org.uk)

#### **Chess**

Magda Sweetland

 [chess@sevenoaksu3a.org.uk](mailto:chess@sevenoaksu3a.org.uk)

#### **Circle Dancing**

Sandie Wade

 [circledancing@sevenoaksu3a.org.uk](mailto:circledancing@sevenoaksu3a.org.uk)

#### **Computers Open Group**

Mike Davies

 [computers@sevenoaksu3a.uk.org](mailto:computers@sevenoaksu3a.uk.org)

#### **Cycling**

Patrick Pascall

 [cycling@sevenoaksu3a.org.uk](mailto:cycling@sevenoaksu3a.org.uk)

#### **Digital Camera**

David Green

[digicam@sevenoaksu3a.org.uk](mailto:digicam@sevenoaksu3a.org.uk)

#### **English Concertina**

Dave Robson

 [concertina@sevenoaksu3a.org.uk](mailto:concertina@sevenoaksu3a.org.uk)

## **European Affairs**

Rob White

✉ euroaffairs@sevenoaksu3a.org.uk

## **Folk Dancing**

Peter and Lyn Nixon

folkdance@sevenoaksu3a.org.uk

## **German Language and Culture**

Isobel White

✉ germanculture@sevenoaksu3a.org.uk

## **Jazz and Blues 2**

Jim Purves

✉ jazz2@sevenoaksu3a.org.uk

## **Play Reading**

Susan Henson

✉ playreading@sevenoaksu3a.org.uk

## **Science [open] Group**

Bob Ruffles

✉ sciencediscuss@sevenoaksu3a.org.uk

## **Snooker**

David Gardner

✉ snooker@sevenoaksu3a.org.uk

## **Spanish Intermediate**

Sue Christy


spanish@sevenoaksu3a.org.uk

## **EDENBRIDGE SHARED GROUPS**

### **Improvers Bridge Group, Tennis, and Watercolour Painting**

Contact for all of these in the first instance to:

Edenbridge Group Co-ordinator:

 [groups@edenbridge.co.uk](mailto:groups@edenbridge.co.uk)

## Insurance

Insurance cover is provided by The Third Age Trust against various risks associated with being either a member of, or a group leader in, a local U3A. The principal risks being covered in this way are:

Public and Products Liability - This is intended to provide an indemnity against compensation which may become legally liable to be paid, following injury or property damage sustained by a third party, as a result of an activity. The most common example where such a claim could arise would be due to negligence. The policy does not cover pure accidents where no legal liability has been established, and members need to be aware of this.

Money Cover - This policy covers U3A cash held in members' homes, hired premises and in transit up to a limit of £1,000.

All Risks Equipment Insurance - This cover is for equipment owned by the U3A itself.

Home Contents Cover - This covers damage to the property of any U3A member whilst their home is being used to host a U3A interest group/meeting.

Tour Operators' Liability - To cover a group leader/co-ordinator who wants to arrange a short study trip involving overnight accommodation. However, all U3A holidays must be arranged through a bonded travel agent or tour operator.

Insurance is a complex area, and if any member or group leader wants more information about a particular situation, then contact should be made initially with the Treasurer.

**The insurance only applies to U3A members. Should a group wish to include a non-U3A member for an outing/event it will be necessary to obtain a temporary membership for cover to apply.**



## Timetable for group meetings

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning</b>	<b>Morning</b>	<b>Morning</b>	<b>Morning</b>	<b>Morning</b>
Amblers 1 (2 <sup>nd</sup> ) Day Walk (3 <sup>rd</sup> ) Film 4 <sup>th</sup> Gallery 2 (F) Half Day Walk 2 (2 <sup>nd</sup> ) Historic Houses (3 <sup>rd</sup> ) Latin (3 <sup>rd</sup> ) Understanding the Mysteries of Human Behaviour (4 <sup>th</sup> ) Spanish for Improvers 4 (F) Strollers (1 <sup>st</sup> )	Photography 1st year (2 <sup>nd</sup> ) Gallery I (2 <sup>nd</sup> ) Gallery 3 (2 <sup>nd</sup> ) London 6 (Last) London 7 (1 <sup>st</sup> ) Lunch 2 (1 <sup>st</sup> )	Golf (3 <sup>rd</sup> ) London 1 (Last) London 2 (2 <sup>nd</sup> ) London Walks 1 (3 <sup>rd</sup> ) Painting 2 (1 <sup>st</sup> )	Amblers 2 (4 <sup>th</sup> ) Half day walk 1 (1 <sup>st</sup> ) Half day walk 3 (3 <sup>rd</sup> ) Half day walk 4 (2 <sup>nd</sup> ) Italian Conversation (2 <sup>nd</sup> and 4 <sup>th</sup> ) Money Matters (2 <sup>nd</sup> ) London 4 (4 <sup>th</sup> ) London 5 (4 <sup>th</sup> ) London 8 (1 <sup>st</sup> ) London Walks 2 (3 <sup>rd</sup> ) Lunch 1(Last) Mah Jong 1 (3 <sup>rd</sup> ) MOT1 (1 <sup>st</sup> ) Spanish for Improvers 4 (F)	Bird Watching (2 <sup>nd</sup> ) Cycling (4 <sup>th</sup> ) Walking with Dogs (1 <sup>st</sup> ) London 3 (3 <sup>rd</sup> ) London Walks 3 (3 <sup>rd</sup> ) MOT2 (1 <sup>st</sup> ) Spanish Intermediate (W)
<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>
Book 1 (3 <sup>rd</sup> ) Book 3 (1 <sup>st</sup> ) Current Affairs (1 <sup>st</sup> ) Genealogy (3 <sup>rd</sup> ) History (2 <sup>nd</sup> ) Medieval History (2 <sup>nd</sup> )	Card and Board (2 <sup>nd</sup> ) Mah Jong2 (3 <sup>rd</sup> ) Poetry 1 (3 <sup>rd</sup> ) Theatre (1 <sup>st</sup> )	Book 2 (2 <sup>nd</sup> ) French for Improvers (1 <sup>st</sup> and 3 <sup>rd</sup> ) Kent History (1 <sup>st</sup> ) Poetry 2 (3 <sup>rd</sup> ) Poetry 3 (1 <sup>st</sup> )	Science (1 <sup>st</sup> ) Painting 1 (2 <sup>nd</sup> )	MOT3 (3 <sup>rd</sup> ) Singing for Pleasure (Last)

### Exceptions

The two Evening Dining Groups meet on Saturdays: Evening Dining 1 (2<sup>nd</sup>), Evening Dining 2 (3<sup>rd</sup>). Map Reading – Date and times to be agreed per group sessions

### Key

W – Weekly, F – Fortnightly, 1<sup>st</sup>, 2<sup>nd</sup>, Last, etc - week of the month